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Dr Guite is presently an Associate professor in the Centre of Social Medicine and Community Health, School of Social Sciences, Jawaharlal Nehru University, New Delhi. She also taught in the Department of Social Work, University of Delhi as an Assistant Professor for 11 years. She is a trained social worker with specialization in public health. Her research interest include Medical Pluralism; Indigenous healing systems (Complementary/Alternative Medicine, re-emergence of medicinal plants, medicinal foods and individual care providers/healers); Global Discourses on Biodiversity and Indigenous knowledge on Medicinal plants and substances; Public Health and Social Work; Health Care Social Work Practice; Social Groups and Social Networks.

Some of her distinguished international fellowship till date is Fulbright Nehru Post Doctoral Fellowship awarded by USIEF in 2016, and Shastri Mobility Programme awarded by SICI in 2018.